# Stretch Goals: Implications for Innovation

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- Innovation is related to setting goals that promote breaking out of the box and finding creative new ways to do things.
- Much work has been done on the value of setting challenging goals – showing their benefits.
- But is setting goals higher always better?
- What leads to the setting of extremely high goals and what are the consequences of doing so?

## **Overview**

- Conceptualization of Stretch Goals
- Mechanisms for Positive and Negative Effects
- Forces Affecting Adoption
- The Paradox of Stretch Goals
- Implications for Future Research

## **Stretch Goals in the Literature**

Rousseau (1997): Stretch goals "motivate creativity and assumption-breaking thinking"

**Kerr** (1995): "gets your people to perform in ways never imagined possible . . . For instance . . To cut costs by half or reduce product-development time from years to months"

**Welch** (quoted in Barlett, 1999): "budgets enervate and stretch energizes"

Southwest Airlines: 10 minute turnaround

**Toyota**: Demand for 100% near-term fuel efficiency improvement led to creation of Prius

## Conceptualization of stretch goals

**Definition** - an organizational goal where the objective probability of goal attainment may be unknown, but is seemingly impossible given current practices, skills, and knowledge

Key Dimensions – extreme difficulty (seemingly impossible) and extreme novelty (no known paths to achievement)

**Effects** – organizational learning and performance

## **Mechanisms Through Which Stretch Goals Can Influence Organizational Learning and Performance**

#### **Facilitation**

#### Disruption

#### Cognitive

- Vigilance (heedfulness/mindfulness)Systematic processing of new information
- Openness

#### **Affective**

- Enthusiasm, energy
- Optimism
- Sense of urgencyCuriosity, playfulness

#### **Behavioral**

- Trial & error cyclesBroad search for new sources & discontinuous advances

#### Cognitive

- Focus on internal/controllable factors
- Opportunity interpretationsAttention on usable new information sources and analyses

#### **Affective**

- Initiative to improve
- High resilience to negative feedback

#### **Behavioral**

- Effort and persistence
- Effective strategy selection

#### Cognitive

- Hypervigilance
- Inability to process new information

#### **Affective**

- Fear
- Helplessness
- Aversion to change
- Defensiveness

#### **Behavioral**

- Chaotic change
- Insufficient familiarity for interpreting feedback

#### Cognitive

- Focus on external/uncontrollable factors
- Threat interpretations
- Attention on quick fixes

#### **Affective**

- Low commitment to goal
- Low resilience to negative feedback

#### **Behavioral**

- Threat rigidity
- Impaired coordination
  Resource diversion resulting in loss of beneficial routines

#### Performance

Learning

## **Mechanisms Through Which Stretch Goals Can Influence Organizational Learning and Performance**

#### **Facilitation**

### Disruption

## Learning

ance

#### **Cognitive:**

Heedful info processing

#### Affective:

- Enthusiasm
- Urgency

#### **Behavioral**

- Trial & error experimentationBroad search

#### **Cognitive**

Hypervigilance

#### **Affective**

- Fear & Helplessness
- Defensiveness

#### **Behavioral**

Chaotic change

#### Cognitive

- Focus on internal/controllable
- Opportunity interpretations

- **Affective** Initiative to improve
- High resilience

## Perform-

#### **Behavioral**

- Effort
- Persistence

#### Cognitive

- Focus on external/uncontrollable
- Threat interpretations

#### **Affective**

- Low commitment
- Low resilience

#### **Behavioral**

- Threat rigidity
- Impaired coordination



### Slack Resources

"We have buffers allowing us to ride out anything"

#### Recent Performance

"We are doing well already"

## What orgs should do to be effective:

Pursue when resources and performance are high

## What orgs are hypothesized to do:

Pursue when recent performance is low; protect rather than leverage slack



## **Likelihood of Stretch Goal Use**

### **Slack Resources**

		Low		High	
	High	Likelihood of Use: Low		Likelihood of Use: Lowest	
Recent Performance			Cell 1	Cell 2	
			Cell 3	Cell 4	
	Low	<u>Likelihood of Use</u> :	Highest	Likelihood of Use: High	

## **The Paradox of Stretch Goals**

#### **Slack Resources**

		Low		High		
High		Effect of Use: Neutral to Dis	sruptive	Effect of Use: Most Facilitative  Likelihood of Use: Lowest		
Recent Performance			Cell 1	Cell 2		
			Cell 3	Cell 4		
	Low	Effect of Use: Most Disruptive  Likelihood of Use: Highest		Effect of Use: Neutral to Facilitative  Likelihood of Use: High		

## Paradox of Stretch Goals

Stretch goals are least appealing to organizations most likely to benefit from them and are most seductive for organizations that can least afford the risks associated with them

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Stretch goals are least appealing to organizations most likely to benefit from them and are most seductive for organizations that can least afford the risks associated with them

This does not imply that this is inevitable, (though it is an accurate description). Knowledge can help to overcome this trap.

## A Recent Example of Stretch Goals

Barack Obama's explanation for the pursuit of negotiations with Iran:

The United States is large and powerful economically and militarily. Iran is not a small country but is much smaller than the USA. We can afford to take risks and try for something that would be a big success for the US, Iran and the world. If it does not work, we are strong enough to recover – so we must try.

# **Application of Stretch Goal Research to Improved Practice**

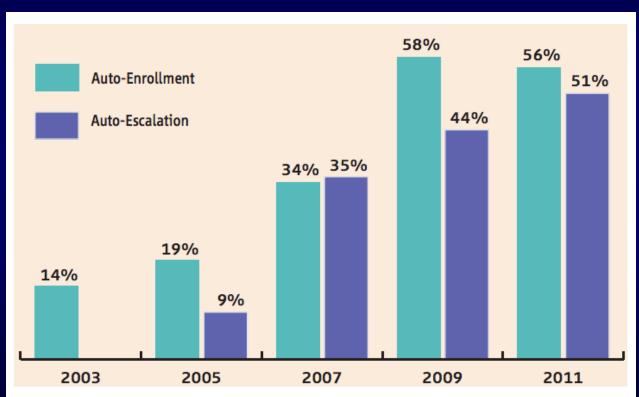
- Examples of impact
- Examples of opportunities



## **Do It Yourself: Save More Tomorrow**

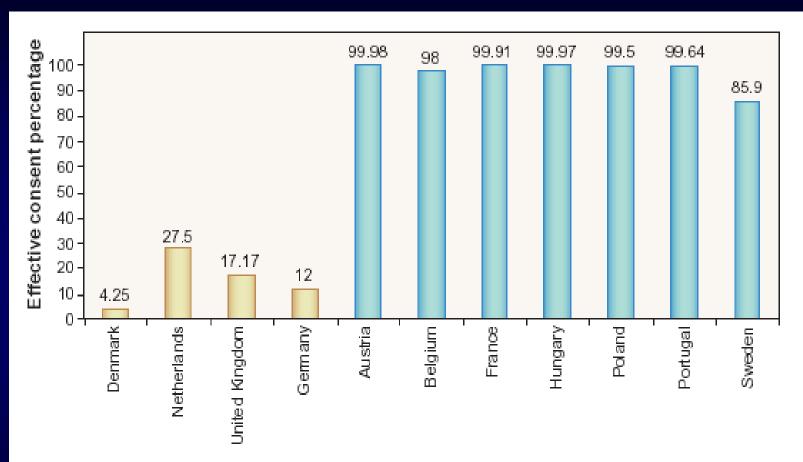
Automatic enrollment to 401(k)
Pre-commitment
Escalation with future raises

(defaults) (present bias) (framing)



The percentage of U.S. employers who offer 401(k) plans that automatically enroll employees and escalate savings rates. Automatic saving escalation programs are also shown. See (10).

## **Example: Organ Donation**

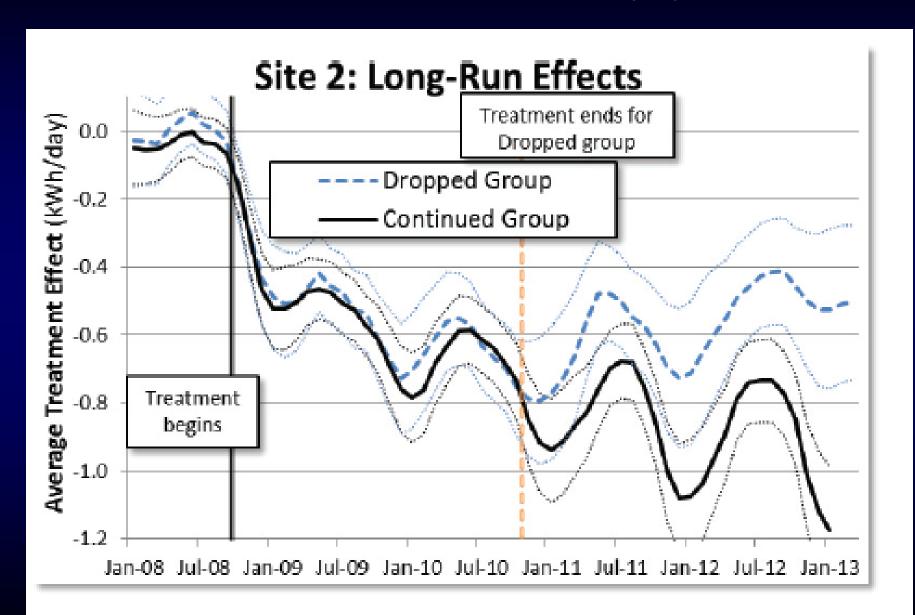


**Effective consent rates, by country**. Explicit consent (opt-in, gold) and presumed consent (opt-out, blue).

#### **Using Social Norms to Reduce Energy Consumption**



Schultz, Nolan, Cialdini, Goldstein & Griskivikius (2007)





## theguardian

Sept 9, 2010

A "nudge unit" set up by David Cameron in the Cabinet Office is working on how to use behavioural economics and market signals to persuade citizens to behave in a more socially integrated way.



## TIME

Aug 09, 2013
'Nudge' Back in Fashion at White House
Barack Obama's newest initiative finds
inspiration from social scientists who are
trying to transform government throughout
the world



## Stretch Goals Merit Organizational Attention and Empirical Study

#### **Observations**

- Used but not understood in many organizations
   (technology companies, military, health care organizations)
- 2. Not only entrepreneurial firms also large companies

#### **Questions**

- What do organizations actually do in adopting stretch goals, and what influences that decision?
- 2. What is the effect of stretch goal adoption on organizational effectiveness?
- How do organizations differ in how they adopt and perform stretch goals at the individual, team and organizational levels?