







Checklist

For reviewing your studying behavior and individual progress

Date:

	What have I mastered today? What has been my major success today?	<input type="checkbox"/>
	What still needs more work?	<input type="checkbox"/>
	What have I particularly enjoyed while studying today?	<input type="checkbox"/>
	What has become clearer to me today?	<input type="checkbox"/>
	In which areas do I need to actively seek help and support?	<input type="checkbox"/>
	The next goal on my way:	<input type="checkbox"/>