

### Impact analysis of the Viennese outpatient paediatric hospice and palliative team MOMO

#### Qualitative based evaluation of stakeholder-specific and systemic impacts<sup>1</sup>

Eva More-Hollerweger, Vienna University of Economics and Business, Austria, Flavia-Elvira Bogorin, Vienna University of Economics and Business, Austria Daniel Heilig, currently Medical University of Vienna, Austria Martina Kronberger, Vienna's outpatient paediatric hospice and palliative team MOMO, Austria

#### **Summary**

MOMO offers a wide range of services for comprehensive support of children in need of hospice and/or palliative care and their families. In doing so, MOMO coordinates with several cooperation partners. The impact analysis aims to illustrate the broad spectrum of impacts generated by MOMO for its key stakeholders as well as the added value emerging for the system of outpatient paediatric hospice and palliative care. For this purpose, we opted for a qualitative data collection and resorted to a pragmatic social science approach focusing on identifying impact dimensions for the data analysis. The impact analysis showed that MOMO is perceived as a one-stop-solution offering individual and tailored care for families. It bundles a multidisciplinary service portfolio targeting the specific needs related to hospice and palliative care, social work, childcare or psychological support of each family. This holistic approach ensures a high efficacy. The main beneficiaries are the attended children and their families as MOMO facilitates homecare even in challenging situations. Cooperation partners also benefit from MOMO's indepth insight into the family situation, which facilitates decision-making and saves time. Thus, MOMO is a central point of contact in the system of outpatient paediatric hospice and palliative care, contributing to improved cooperation within the system as well as to its further development. Due to its high impact, MOMO can serve as a best practice example, which could be replicated in other settings that are still missing similar support services.

#### **Background**

MOMO is an outpatient paediatric hospice and palliative care team based in Vienna. It was founded in 2013 and up to now supported more than 400 children with life-shortening or life-threatening diseases as well as their families in an individual and customized way. MOMO's approach focuses on both medical and nursing care. It also offers psychological and social work support as well as a wide variety of assistance in daily life activities of the patients and their close family members.

Cooperation within the hospice and palliative care network/system Additionally, MOMO brought together a network of experts and specialists necessary to provide holistic support to the target group. Specifically, these are for instance medical professionals and therapists, administrative organizations/public authorities providing financial support and school representatives.

# Public authorities that момо provide support services (e.g. MA 11, MA 40)

Internal cooperation partners/ system partners (part of the Viennese paediatric hospice and palliative care system) External cooperation partners supporting the Viennese paediatric hospice and palliative care system

#### **Research Question**

The aim of the evaluation is to **demonstrate the** social added value of the services provided by Vienna's outpatient paediatric hospice and palliative team MOMO, both for the overall system of paediatric hospice and palliative care in Vienna and in terms of specific stakeholders.

**Research question 1:** What impacts does "Vienna's outpatient paediatric hospice and palliative team MOMO" have for the stakeholders involved?

**Research question 2:** What impacts does "Vienna's outpatient paediatric hospice and palliative team MOMO" have on the overall system of paediatric hospice and palliative care in Vienna and the surrounding area?

#### **Research methods**

This impact analysis was largely based on a qualitative approach. A total of 17 semi-structured quided interviews were conducted with representatives of the main stakeholder groups, such as parents, members of the MOMO team or cooperation partners. Additionally, an online survey was conducted among all MOMO donors, of which 26 participated in the survey.

## **Impact analysis**

In order to answer the research questions, stakeholder-specific impact value chains were constructed for each interest groups involved in MOMO's activities. Within the impact value chains, inputs, activities as well as outputs, outcomes and impacts were defined for each stakeholder. In the end, all impact value chains were aggregated in an impact model for MOMO.

### **Results A: Stakeholder specific impact**

MOMO's activities produce various impacts for different stakeholders. The main beneficiaries are (i) the patients and their immediate family as well as the (ii) MOMO team members, both employees and volunteers and (iii) cooperation partners. The following chart illustrates the main impacts of the supported families.

### **Patients**

- better quality of life within the possiblities through continuous and individualized support

- enabling participation in social life (e.g. school attendance, social contacts with friends)

# Impacts of the family

- spent in the hospital to a minimum
- Sense of security through flexible and need-oriented professional support
- Enabling phases/ moments of "normal family life" and improvement of family relations through support in overcoming disease-related challenges

## Siblings

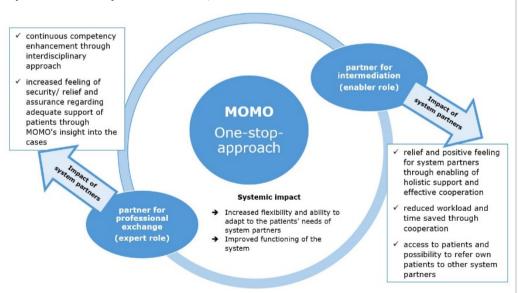
- psychological and emotional relief by addressing their individual need
- reduction of loneliness and perceived isolation through inclusion in social activities

## **Parents**

- reflief in terms of time and organizational duties; allowing short time-outs
- strenghtening of partner relationship through stress relief and improved

### **Results B: Systemic impacts**

In addition to impacts that benefit specific stakeholders, MOMO's activities also contribute to the development and functioning of the paediatric hospice and palliative care system as a whole, as illustrated in the chart below.



### **Conclusion**

Overall, the work of MOMO generates added value in many respects, both for the individual stakeholder groups and for the overall system of outpatient paediatric hospice and palliative care in Vienna. On the one hand, this indicates the high significance of MOMO in the overall system as well as within the network of system partners and, at the same time, the necessity for MOMO's wide range of services.

<sup>&</sup>lt;sup>1</sup> Bogorin, Flavia-Elvira/ More-Hollerweger, Eva/ Heilig, Daniel (2020): Evaluation von "Wiens mobiles Kinderhospiz und Kinderpalliativteam MOMO". Kompetenzzentrum für Nonprofit Organisationen und Social Entrepreneurship der Wirtschaftsuniversität Wien. Study report. Download: https://short.wu.ac.at/Wirkungsanalyse\_MOMO\_2020 (last accessed on 02.09.2021)



